*Here’s today and tomorrow’s lesson. You know most of these things. Copy the lesson in your notebook and if there are some words you don’t know, check them in the dictionary. Mind the pronunciation as well!*

IX. ADVENTURES

1. TYPES OF HOLIDAYS

* a package holiday - a camping holiday (to pitch a tent)
* an adventure holiday - a sightseeing holiday
* a honeymoon (after a wedding day) - a sailing holiday (a yacht)
* a walking/ hiking tour - a spa holiday
* a working holiday (working as a volunteer) - hitchhiking

1. EQUIPMENT

* a backpack, a suitcase, a sports bag
* documents (id, medical insurance card),
* (pocket) money, valuables (money, jewellery, documents)
* clothes
* a tent, a sleeping bag
* first-aid kit
* a hygiene bag ( a tooth paste, a toothbrush, sun cream…)

1. WAYS OF TRAVELLING

We can travel by bus

van - a person travelling is called a passenger

caravan

train - when travelling by public transport, you can buy

ship/boat a single/ a return ticket

subway

lorry - the aim of your travelling is called a destination

ferry

helicopter/plane

scooter/bike

1. PROBLEMS we can face when travelling:

* You can run out of money

get robbed

have bad weather

problems with your luggage

problems with the language

be afraid of heights

be afraid of flying

get seasick

get food poisoning

get dehydrated

miss a ferry/ a flight

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1. HEALTH PROBLEMS & INJURIES

ILLNESSES DISEASES (they’re more serious than illnesses)

to cough /kof// sneeze to have/ suffer a (lung/breast) cancer

to have a runny nose a heart attack

to have flu/ a cold/a sore throat a stroke

a diarrhea a (brain) tumor

a blister

a bruise or a bump



INJURIES:

You can have a broken arm/ leg you need a plaster

a twisted/ sprained ankle

a backache

feel a pain in your leg ------------------- your leg hurts

get a cut (cut your finger) you need a sticky plaster

RULE No. 1: IN CASE OF AN ACCIDENT YOU MUSTN’T PANICK!!!

Now learn the vocabulary. Enjoy ☺