*Here’s today and tomorrow’s lesson. You know most of these things. Copy the lesson in your notebook and if there are some words you don’t know, check them in the dictionary. Mind the pronunciation as well!*

IX. ADVENTURES

1. TYPES OF HOLIDAYS
* a package holiday - a camping holiday (to pitch a tent)
* an adventure holiday - a sightseeing holiday
* a honeymoon (after a wedding day) - a sailing holiday (a yacht)
* a walking/ hiking tour - a spa holiday
* a working holiday (working as a volunteer) - hitchhiking

1. EQUIPMENT
* a backpack, a suitcase, a sports bag
* documents (id, medical insurance card),
* (pocket) money, valuables (money, jewellery, documents)
* clothes
* a tent, a sleeping bag
* first-aid kit
* a hygiene bag ( a tooth paste, a toothbrush, sun cream…)
1. WAYS OF TRAVELLING

We can travel by bus

 van - a person travelling is called a passenger

 caravan

 train - when travelling by public transport, you can buy

 ship/boat a single/ a return ticket

 subway

 lorry - the aim of your travelling is called a destination

 ferry

 helicopter/plane

 scooter/bike

1. PROBLEMS we can face when travelling:
* You can run out of money

 get robbed

have bad weather

problems with your luggage

problems with the language

be afraid of heights

be afraid of flying

get seasick

get food poisoning

get dehydrated

miss a ferry/ a flight

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1. HEALTH PROBLEMS & INJURIES

ILLNESSES DISEASES (they’re more serious than illnesses)

to cough /kof// sneeze to have/ suffer a (lung/breast) cancer

to have a runny nose a heart attack

to have flu/ a cold/a sore throat a stroke

 a diarrhea a (brain) tumor

 a blister

 a bruise or a bump



INJURIES:

You can have a broken arm/ leg you need a plaster

 a twisted/ sprained ankle

 a backache

 feel a pain in your leg ------------------- your leg hurts

 get a cut (cut your finger) you need a sticky plaster

RULE No. 1: IN CASE OF AN ACCIDENT YOU MUSTN’T PANICK!!!

Now learn the vocabulary. Enjoy ☺